



**WACE ENDORSED  
PROGRAM  
(ONE UNIT)**

# *'Peaceful Pathways to Conflict Resolution'*

## **AVP Youth Program for Schools**

**Do you need an effective program to address the Social & Emotional Learning Core Competencies?**

**Do your students need to better understand how to handle conflict and develop respectful relationships in school and at home?**

### **Description of Program**

#### **BASIC Level workshop:**

This very practical and interactive course introduces students to strategies for conflict resolution and community building and increases skills in communication, co-operation and affirmation of self and others.

#### **ADVANCED Level workshop:**

Students have the opportunity to further develop these strategies and skills. Students choose to explore in more depth topics such as fear, anger, stereotyping, power and powerlessness and forgiveness.

#### **TRAINING FOR FACILITATORS Level workshop:**

This course provides students opportunities to practice facilitating interactive learning activities with each other and eventually to facilitate Peaceful Pathways courses for others

### **Learning Outcomes**

- use community building and self-affirmation skills
- identify strategies for conflict transformation and resolution
- use a variety of conflict transformation strategies
- identify strategies of negotiation

Taken from the Collaborative for Academic, Social and Emotional Learning

<http://www.casel.org/social-and-emotional-learning/core-competencies/>



**Program costs: \$400 for each workshop (negotiable)**





# Alternatives to Violence Project – WA (Inc.)

## *Peaceful Pathways to Conflict Resolution*

### **Delivery of Programs**

- The programs will be delivered by trained AVP facilitators who have themselves completed the three levels (Basic, Advanced and T4F).
- A workshop team is most likely made up of a combination of experienced and apprentice facilitators.
- There are a variety of modes of delivery possible including overnight camps, weekends or weekly sessions.

### **Program Length**

- Peaceful Pathways Basic: 18-20 hours
- Peaceful Pathways Advanced: 18-20 hours
- Peaceful Pathways Training for Facilitators (T4F): 18-20 hours

**To gain credit for the equivalent of one WACE unit, a student will need to undertake the three levels of the Peaceful Pathways workshop pathway over a 2-3 year period.**

### **What other schools are saying**

A range of positive impacts on individuals were reported by adults and students alike:

- conflict resolution skills, communication skills, community building, caring for others, empathy and tolerance.
- self-confidence, self-efficacy, a wider circle of friends, opportunities to explore leadership and to be seen as a leader, self-awareness, options and choices for decisions and actions

### **Positive comments about PP workshop processes**

- the creation of an atmosphere in which participants felt welcome
- the experiential learning approaches used
- it was fun and active
- that there were no right or wrong answers
- experiences such as role plays, journaling and the use of the mandala were all found to be valuable
- learning facilitation skills
- the activities in general were seen to be meaningful and affirming
- participants learnt how to give and receive feedback
- the development of trust and the importance placed on confidentiality
- the difference in the relationship between adults and students compared to their school experiences

(Taken from *Evaluation of Peaceful Pathways*, Anna Alderson, Rosemary Cant, Olwyn Maddock, September 2015)

### **Further information:**

**See contact details below. We would be pleased to visit your school to discuss the arrangements or make a presentation to staff or students.**

